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Recommended by: PHYSICAL EDUCATION & SPORTS SECTION

S. No.	Author	Title	No. of Copies
1	Robert E Rikli	Senior Fitness Test Manual	1
2	Tudor O. Bompa	Periodization: Theory and Methodology of Training	1
3	Jerry R Thomas	Research Methods in Physical Activity	1
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5	Peter M. Tiidus	Biochemistry Primer for Exercise Science	1
6	J P Verma	A Text book on Sports Statistics	1
7	Briz Mohan	Biological Basic of Physical Education	1
8	Briz Mohan	Biomechanics in Physical Education and Sports	1
9	K P Manilal	Science of Strength Training	1
10	T McClurg Anderson	Biomechanics of Human Motion	1
11	Sandhya Tiwari	Exercise Physiology	1