

Date: - 03/08/2018

**Schedule of All India Inter NIT Tournament 2018 – 2019**

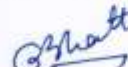
**Date of Selection Trial**

1 Events	2 Venue	3 Date of Selection Trial & Coaching	4 Tentative Date of Tournament
Badminton (M/W), T. T. (M/W),	NIT Nagpur	1 <sup>st</sup> Sep. 2018	28 <sup>th</sup> to 30 <sup>th</sup> Sep. 2018
Aquatics (M&W) Lawn Tennis (M&W)	NIT Surathkal	13 <sup>th</sup> Oct. 2018	2 <sup>nd</sup> week Jan. 2019
Football (M), Kabaddi (M&W)	NIT Raourkela	05 <sup>th</sup> to 08 <sup>th</sup> Jan. 2019	25 <sup>th</sup> to 28 <sup>th</sup> Jan. 2019
Basketball (M&W) Volleyball (M&W) Cricket (M)	NIT Trichy	28 <sup>th</sup> Jan. 2019	Last week Feb. 2019
Chess (M&W)	NIT Agartala	11 <sup>th</sup> Jan. 2019	7 <sup>th</sup> to 10 <sup>th</sup> March 2019
Athletics (M&W)	Nit Warangal	12 <sup>th</sup> Feb. 2019	22 <sup>nd</sup> to 24 <sup>th</sup> March 2019

Note: - (I) Interested Students come and join selection trial as per date & time (5:00 Pm to 8:00 Pm) in sports complex.

(II) Any Quires free to come in sports complex (5:00 Pm to 8:00 Pm).

Copy to:-  
Director for Kind Information  
Registrar  
Dean S. W.  
Prof. U/S. A.  
All Notice Boards

  
(S.K. Shetty)

  
(Rajesh Nethra)

**ODD SEMESTER PHYSICAL EDUCATION & SPORTS CALENDER 2018-19**  
**INTRAMURAL SPORTS & ORIENTATION PROGRAM**

Sr. No.	EVENTS	DAILY CONDITIONING PRACTICE (Aug First week On wards)	CATEGORY	ORIENTATION CLASS, SKILLS TRAINING & PRACTICE/ MATCHES	TENTATIVE DATES OF COMPETITIVE EVENT/ MATCHES	VENUE	TIMINGS
1	GENERAL FITNESS	Daily Conditioning & Practice (July Third week onwards)	Open (Boys & Girls)	Daily	-	Sports Complex	5 pm to 8 pm
2	CARROM & CHESS	Daily Practice (July Third week onwards)	Open Matches Practice	Daily	-	Sports Complex	5 pm to 8 pm
3	FITNESS TEST FOR GYM	General Conditioning & followed by lumber down (July Third week onwards)	Open (Boys)	Orientation (20 <sup>th</sup> July onwards)	Fourth week onwards	Sports Complex	5 pm to 8 pm
4	SPECIFIC & CORE FITNESS	Daily Conditioning with Skill Technique for Build up Activities (August First week onwards)	Elite Groups (Boys & Girls)	Daily	-	Sports Complex	5 pm to 8pm
5	CROSS COUNTRY	-	First Year's (B&G)	-	11 <sup>th</sup> August	Main Building	5 pm
6	FOOTBALL	Daily Conditioning & Practice (July Third week onwards)	Inter Branch for 1 <sup>st</sup> year	10 <sup>th</sup> Aug. onwards	14 <sup>th</sup> August	Foothall Ground	5 pm on wards
7	BADMINTON	Daily Conditioning & Practice (July Third week onwards)	Inter Branch	18 <sup>th</sup> Aug. onwards	29 <sup>th</sup> August (Matches Starts)	Badminton Hall	5.30 pm to 6.30 pm
8	BADMINTON	Daily Conditioning & Practice (July Third week onwards)	Selection Trial	1 <sup>st</sup> Sep. onwards	3 <sup>rd</sup> to 8 <sup>th</sup> Sep.	Badminton Hall	5.00 pm to 8.00 pm
9	CHESS	Daily Conditioning & Practice (July Fourth week onwards)	Open Matches (Boys & Girls) for 1 <sup>st</sup> year	26 <sup>th</sup> Aug. onwards	5 <sup>th</sup> September	Sports Complex	5 pm to 8pm
10	TABLE TENNIS	Daily Conditioning & Practice (July Fourth week onwards)	Open Matches (Boys & Girls) for 1 <sup>st</sup> year	30 <sup>th</sup> Aug. onwards	11 <sup>th</sup> September	Sports Complex	5 pm to 8pm
11					2 <sup>nd</sup> October		
12	BASKET BALL	Daily Conditioning & Practice (Aug First week onwards)	Inter Brach (B&G)	22 <sup>nd</sup> Aug. onwards	8 <sup>th</sup> - 12 <sup>th</sup> October	Basketball Court	5 pm to 8pm
13	KABADDI	Daily Conditioning & Practice	Inter Hostel	22 <sup>th</sup> Aug. onwards	8 <sup>th</sup> to 12 <sup>th</sup> October	Kabaddi Hall	5pm to 8pm

Note: - (I). Students should come in proper playing kit (Shorts, Lower & T- shirts) during practice/participation.

(II). Any Quires free to come in sports complex (5:00 Pm to 8:00 Pm).

Copy to: -

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Dean S. W.  
Prof. I/c S. A.  
All Notice Boards

  
 Dr. Rajesh Mishra  
 (Phy. Edu. & Sports Dept.)